

# Dyslexia Checklist

## High School Child or Young Adult

Dear Parent, are you concerned about your teenager or young adult? Please remember that this checklist only serves to enlighten you in order to prompt further investigation. The number of ticks on this checklist cannot be accepted as a diagnosis in any manner or fashion.

Family history is generally a very good indicator since Dyslexia is hereditary.

### Reading

- ☐ Reading tends to be slow and hesitant
- ☐ Reluctance to read for pleasure
- ☐ Low self-esteem
- ☐ Reluctance to read aloud

### Coordination

- ☐ General clumsiness
- ☐ Difficulty with eye-hand coordination
- ☐ Difficulty with some sporting activities

### Reaction time

- ☐ Will need extra time for examinations

### Memory

- ☐ May show signs of poor long-term memory
- ☐ Difficulty revising for examinations
- ☐ May have difficulty remember homework
- ☐ May have difficulty remember timetable

### Speech and language

- ☐ May speak in a jumbled disorganized manner
- ☐ May speak in a hurried manner
- ☐ May not be clear in speech

### Organization

- ☐ Inefficient organizational strategies when learning new material
- ☐ Poor organization of materials and equipment needed for learning

### Spelling

- ☐ Difficulty with spelling rules
- ☐ Difficulty with word ending, 'y' and 'ie'
- ☐ Confusion or omission of vowels
- ☐ May need to rely heavily on a spell-checker

### Writing

- ☐ Inconsistent writing style
- ☐ Hand tires when writing for long spells

